

Activities for **November 2017** Rochester Hickok Center 271-8640

OPEN GYM DAILY **COMPUTER LAB ALWAYS OPEN**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 SUNY B undergrad project – afternoon/evening event!</p> 	<p>2 1030 Brue Coffee 1030 Cog Comm 1 Woodworking 115 Open gym</p> 	<p>3 10 Naz PT 1030 Barnes & Noble 115 Nerf 115 Open gym</p> 
<p>6 1030 Cog Comm 1030 Record Archive 1 Hochstein Music grp 115 Open gym</p> 	<p>7 1030 Open art with JC 1130 Amaya's Indian Cuisine 1 Naz Art 115 Open gym</p> 	<p>8 10 Hochstein Music grp 1115 Live from Hochstein – Musique Macabre 115 Antwon's grp 115 Open gym</p> 	<p>9 10 Five Below 1030 Family Feud 1 Woodworking 115 Open gym</p> 	<p>10 10 Naz PT 11 Meals on Wheels 115 Spanish 101 115 Open gym</p> 
<p>13 10 Fairport Baptist Home 1030 Cog Comm 1 Hochstein Music grp 115 Open gym</p> 	<p>14 10 Big Lots 1030 Stamping with Ellen 1 Naz Art 115 Open gym</p> 	<p>15 Niagara Fashion Outlets</p> 	<p>16 10 Michael's 1030 Healthy Body, Healthy Mind 1 Woodworking 115 Open gym</p> 	<p>17 Dutchland Foods</p> 
<p>20 1030 Cog Comm 11 Manicure! 1 Hochstein Music grp 115 Open gym</p> 	<p>21 1030 Anger Management 11 Meals on Wheels 1 Naz Art 115 Open gym</p> 	<p>22 Thanksgiving Feast!</p> 	<p>23 Happy Thanksgiving!</p> 	<p>24 Closed for the Thanksgiving Holiday</p> 

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<p>27 10 Ollie's 1030 Matt's grp 1 Hochstein Music grp 115 Open gym</p> 	<p>28 1030 JC's grp 11 Bowling 1 Naz Art 115 Open gym</p> 	<p>29 Live from Hochstein – Holiday Music for Horns</p> 	<p>30 LW Emporium!</p> 	
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More Information about activities

TBI Support Group with Jose N: Discuss yours and others stories, review coping skills and strategies.

SportsTalk w/Jermaine: Wednesday afternoon is ALL sports!

Cultural Studies: Learn about the world around you – its customs, traditions, beliefs!

Anger Management: Discuss with your peers tools to handle anger

Various discussion groups with Earle, Marc, Bridget, and more!

Healthy Body, Healthy Mind: Discuss the impact of your body on your mind and your mind on your body!

Reading group with Natasha: Be it a short story, novel, or non-fiction Natasha creates a provocative group discussion revolving around the written word

Spanish class with Jose SV: *Hola! Como esta? Come learn basic Spanish with Jose*

Newsletter with JZ: write a poem, review a film, share a recipe – be part of the Hickok community!

