

Activities for **July 2017** Rochester Hickok Center 271-8640

**OPEN GYM DAILY**

**COMPUTER LAB ALWAYS OPEN**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><b>4<sup>th</sup> of July cookout!</b></p> 	<p>4</p> <p>The Hickok Center will be closed today for the 4<sup>th</sup> of July holiday!</p> 	<p>5 10:30 Leaf &amp; Bean Cafe</p> <p>1030 Who/What am I? 115 SportsTalk with Jermaine! 115 Open gym</p> 	<p>6 10 Public Market</p> <p>1030 Cog Comm 115 Poetry with Natasha 115 Open gym</p> 	<p>7 1030 Library</p> <p>1030 Spanish 101 w/JSV 115 Open art with Erin 115 Open gym</p> 
<p>10 10 Five Below and lunch out!</p> <p>1030 Earle's group 115 Anger Management 115 Open gym</p> 	<p>11 1030 Bridget's group</p> <p>11 DQ for lunch and ice cream!</p> <p>115 Naz Art Therapy 115 Open gym</p> 	<p>12 10 Stamping with Ellen</p> <p>11 Noon time concert series at Aqueduct Pk – Me &amp; the Boyz!</p> <p>115 SongPop 115 Open gym</p> 	<p>13 1015</p> <p>1115 Hochstein at High Falls with the Hypnotic Clambake! Music &amp; lunch!</p> <p>115 Family Feud 115 Open gym</p>  <p><b>Happy as a clam!</b></p>	<p>14 10 Garage Sale-ing</p> <p>1030 Cultural Studies with Shamyia 115 Newsletter w/Diddy 115 Open gym</p> 
<p>17 1030 Cog Comm</p> <p>11 LDR Charpit and then out at the beach</p> <p>115 Wheel of Fortune 115 Open gym</p> 	<p>18 1030 Marc's group</p> <p>11 Meals on Wheels</p> <p>115 Naz Art Therapy 115 Open gym</p> 	<p>19</p> <p>Wegmans Concert by the Shore, the Skycoasters!</p> 	<p>20 1030 Suzanne's Communication Grp</p> <p>1115 Hochstein at High Falls – The White Hots!</p> <p>115 Newsletter w/Diddy 115 Open gym</p> 	<p>21</p> <p>Cycling with Rochester Accessible Adventures!</p> 
<p>24</p> <p>Come out and play Pickleball!</p> 	<p>25</p> <p>Movie (Tinseltown)</p> 	<p>26</p> <p>Spiritus Christi Youth Group visits!</p> 	<p>27 10 Public Market</p> <p>1030 SongPop 115 Natasha's reading group 115 Open gym</p> 	<p>28</p> <p>Partyka Farms! Blueberry picking, day trip!</p> 
<p>31</p> <p>Minnehan's!</p> 				

**TBI Support Group with Jose N:** Discuss yours and others stories, review coping skills and strategies.

**SportsTalk w/Jermaine:** Talk about ALL sports!

**Cultural Studies:** Learn about the world around you – its customs, traditions, beliefs!

**Anger Management:** Discuss with your peers tools to handle anger – your own anger and others

**Various discussion groups** with Earle, Marc, Bridget, and more!

**Reading group with Natasha:** Be it a short story, novel, or poem Natasha creates a provocative group discussion revolving around the written word

**Spanish class with Jose SV:** Hola! Como esta? Come learn basic Spanish with Jose

**Newsletter with Diddy:** write a poem, review a film, share a recipe – be part of the Hickok community!

