

# Hickok Center for Brain Injury's

## 6th ANNUAL 10K/5K 1 Mile Fun Run & 'Who Let The Dogs Out' Race

# ADP Helmet Heroes Memorial Run

## Saturday, May 20, 2017



Stewart Lodge at Mendon Ponds Park **FUN FOR THE WHOLE FAMILY!**

### RACE TIMES

10k starts at 9am

5k begins at 9:15am

'Who Let The Dogs Out' race begins at 9:30am

1 mile fun run begins at 9:45am

### REGISTER AT

[www.ADP5K.com](http://www.ADP5K.com)

Check in starts at 7:30am



Dogs need to be leashed for the 'Who Let The Dogs Out' race and a current rabies vaccination is required

Chip Timing Provided by



Silent Auction  
Great Food  
Music

### Sponsors

